



## 2018 Volunteer Training Classes

HOSPICE comes from a medieval word for a way station, a place for pilgrims to be replenished and cared for. But today Hospice describes specially trained people and practices organized to care for terminally ill persons and their families in their homes. You can join the more than 350 volunteers who work with the six not-for-profit Medicare Certified Hospice programs serving the Greater Sacramento Area and receive ongoing support and education. Volunteers, like good friends, respond to the needs of terminally ill patients and their families by providing respite care, companionship and support.

To become a volunteer you must be at least 18 years of age and complete the 18 hour volunteer training offered by the Sacramento Hospice Consortium. This training utilizes the curriculum recommended by the National Hospice and Palliative Care Organization and prepares participants for volunteer work with *any* of the member hospices. Courses are taught by professional staff from local hospice programs and include the following: The History and Philosophy of Hospice Care, Concepts of Death and Dying, Communication and End of Life Issues, Clinical Aspects of Hospice, Psychosocial Issues, Spiritual and Cultural Issues in Hospice, Grief and Bereavement, and the Role of the Hospice Volunteer.

You can register for the training either by mail or online at [www.sachospice.org](http://www.sachospice.org). Mail registration forms to the Sacramento Hospice Consortium, 8334 Ferguson Avenue, Sacramento, California 95828. Training is offered at no charge, however we gratefully accept donations to help offset training costs. Donations can be made on our website or by mail and may be tax deductible as a charitable contribution to the limits allowed by federal law.

For more information, visit our website or call (916) 388-6288.

### **Hospice Volunteer Training Schedule**

#### **January 2018**

Host Programs: Mercy Hospice, Kaiser Hospice and Sutter Hospice, Sacramento  
Location: Sacramento  
Session Closed

#### **April 2018**

Host Programs: Sutter Hospice, Roseville, Sutter Auburn Faith Hospice and Mercy Hospice  
Location: Roseville  
Session Closed

#### **July 2018**

Host Programs: Yolo Hospice, UC Davis Hospice and Sutter Hospice, Sacramento  
Location: Sacramento  
Session Closed

#### **October 2018**

Cancelled

Kaiser Hospice •  
Sutter Care at Home Hospice, Roseville  
Sutter Care at Home Hospice, Sacramento • UC Davis Hospice • Yolo Hospice