



2010 Volunteer Training Classes

HOSPICE comes from a medieval word for a way station, a place for pilgrims to be replenished and cared for. But today Hospice describes specially trained people and practices organized to care for terminally ill persons and their families in their homes. You can join the more than 300 volunteers who work with the seven Medicare Certified Hospice programs serving the Greater Sacramento Area and receive ongoing support and education. Volunteers, like good friends, respond to the needs of terminally ill patients and their families by providing respite care, companionship and support.

Initial training of 24 hours includes The History and Philosophy of Hospice Care, Concepts of Death and Dying, Communication Skills, Care and Comfort Measures, Psychosocial Issues, Spiritual and Cultural Issues in Hospice, Grief and Bereavement, and the Volunteer Role in Hospice. Course sections are taught by professional staff members from local hospice programs.

Training is offered on a regular basis throughout the year, and both weekday courses and evening/weekend options are available. Volunteers must be at least 18 years of age to work in direct patient care. Courses include 24 hours of training and supplementary materials. Registration fee is \$35. **To register return the registration form with the \$35 registration fee to the Sacramento Hospice Consortium, 7300 Folsom Blvd., Suite 100, Sacramento, California 95826. For current training schedules or additional information, please call (916) 388-6288 or visit www.sachospice.org.**

Volunteer Training classes will be offered eight times throughout 2010. They will be offered once in Auburn, once in Yolo County, once in Roseville, and five times in the Sacramento Area.
One Evening/Weekend training will be offered in June.
Details are available at www.sachospice.org as the classes are scheduled.

Host Program: Sacramento Hospice Consortium
Location: Sacramento
Fridays June 4 & 11, 6:00 – 9:00 PM and Saturdays June 5 & 12, 9:00 AM – 4:00 PM

Host Program: Yolo Hospice
Coordinator: Nancy Bodily (530) 758-5566
Location: Davis
Fridays and Saturdays July 16, 17, 30 and 31 9:00 AM – 4:00 PM

Host Program: Sutter VNA & Hospice, Sacramento
Coordinator: Cindy Dunning (916) 388-6211
Location: Sacramento
Fridays and Saturdays, September 10, 11, 24 and 25 9:00 AM – 4:00 PM

Host Program: Sutter VNA & Hospice, Roseville
Coordinator: CJ Noddings (916) 797-7860
Location: Roseville
Mondays & Wednesdays October 4, 6, 11, 13, 18, 20, 25 & 27 9:00 AM – NOON

2011 DATES AND LOCATIONS WILL BE SCHEDULED IN LATE FALL